

**Success Habits**

**Confidence**

What does it mean to be **confident**



In Latin, confidence is written as  
***“Confideo”***

*Con* – **With**

*Fideo* - **Faith**

Confidence can be defined as the  
belief in one's ability to succeed.  
— **Psychology Today**



## Remember This



Optimism is the faith that leads to achievement. **Nothing can be done without hope and confidence.**

- Helen Keller



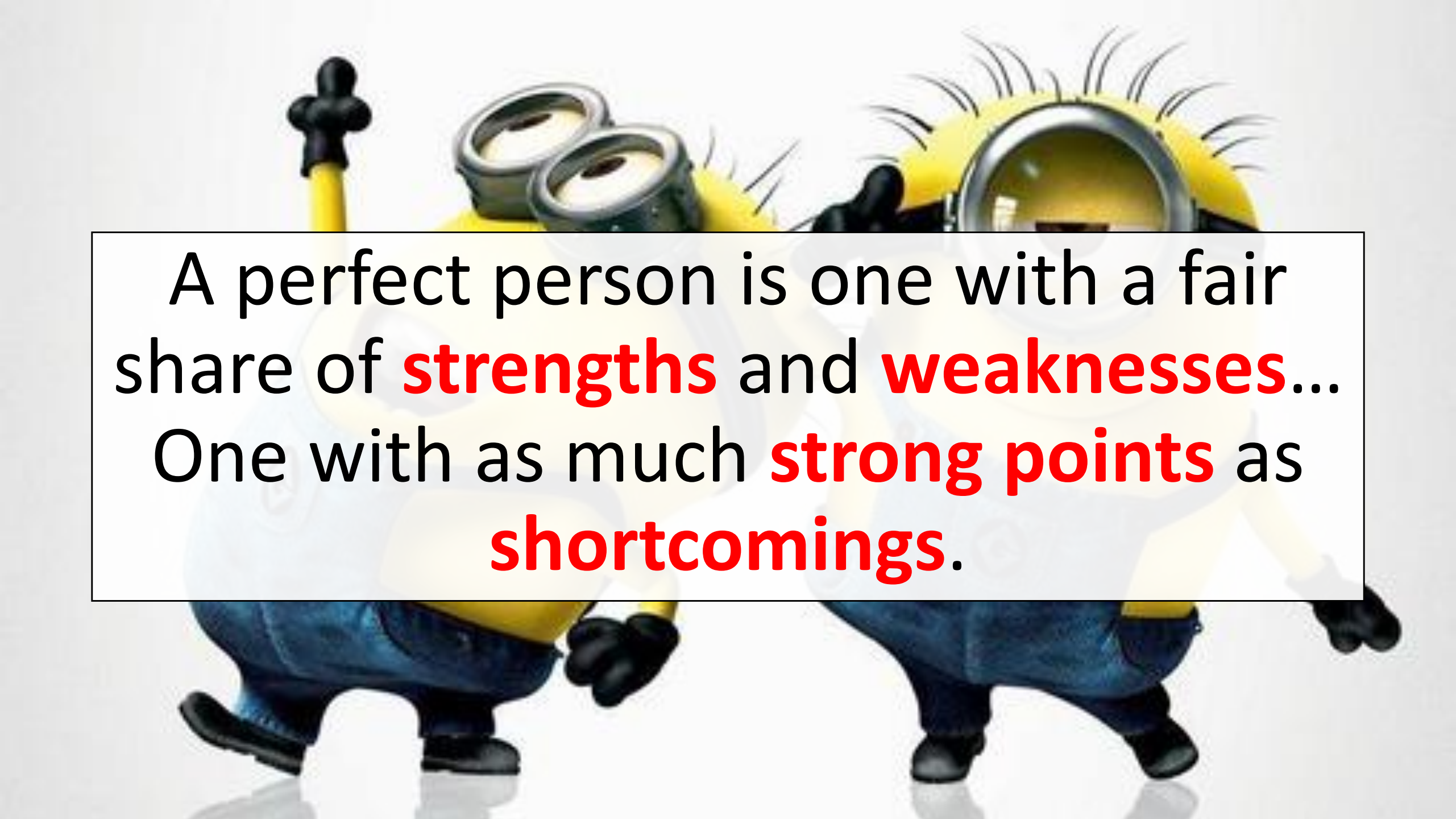
**WIKIPEDIA**  
*The Free Encyclopedia*

Confidence can be a self-fulfilling prophecy as those without it may fail or not try because they lack it and **those with it may succeed because they have it** rather than because of an innate ability.

## Remember This



It's a fact that first impression lasts longer. People who appear confident create an impression of competence and success.

Two yellow Minions from the movie 'Despicable Me' are standing behind a white text box with a black border. The Minion on the left is holding a black mallet. The Minion on the right has its mouth wide open. The text box contains a quote about strengths and weaknesses.

A perfect person is one with a fair share of **strengths** and **weaknesses**...  
One with as much **strong points** as **shortcomings**.



How can one build confidence?



# How Confidence Builds...

- Think you can

If you think you can, you  
most likely will...



## Remember This

Your greatest limitation  
is in your mind.



# How Confidence Builds...

- Say you can

**#WYSIWYG**



# How Confidence Builds...

- Act as if you can *till you can*  
Look the part  
Choose the part  
Get up and do something



....  
Face what scares you...



# What if I fail...?



"I can accept failure, everyone fails at something. But I can't accept not trying."

- ***Michael Jordan***

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"In order to succeed, your desire for success should be greater than your fear of failure."

- ***Bill Cosby***

What factors drain confidence  
in people?





At what point does confidence  
become *counter-productive*?



Confidence – Humility = Pride

The only difference between confidence  
and pride is humility

# Why I Think You Should Be Confident?

- You are a Nigerian
- You are an *El-Shaddian*
- You are a child of the  
Living God

I can do all things through Christ who strengthens me.

**-Philippians 4:14**

... the Spirit who lives in you is greater than the spirit who lives in the world.

**-1 John 4:4**

In your strength I can crush an army; with my God I can scale any wall.

**-2 Samuel 22:30**

# **Questions and Contributions**

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